



Hi,

Last weekend Tembi and Karis participated in the national swimming championship hosted by the school they attend. We were so thrilled with the girls' performances. Today's foto shows Karis receiving a bronze medal for her third place finish in the 200 meter butterfly race. Well done Karis! That's about 199 meters farther than Dad or Mom could swim. With Tembi finishing in fourth place she is waiting for the next competition so that she can beat her sister. The hard work in practice doesn't seem so bad when you receive a medal. Keep up the good work girls!

While we enjoy the prizes won in competition it is a reminder that each one of us will be rewarded by Christ Jesus for our work here on earth. He will reward us according to what we have done and how we have done it. Do we work in our own abilities or do we allow Him to work through us? This will determine whether its gold, silver, bronze or wood, hay and stubble. Let's live in such a manner that we will receive a reward that does not vanish, rust or burn.

Until next week,  
Wes, Lorrie, Tembi & Karis Jonat